



# Preparing for surgery

# Fitter Better Sooner

Advice from the Royal College of Anaesthetists

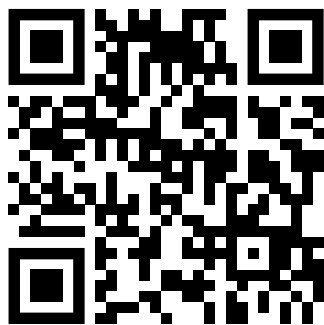
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