

Prehabilitation Special Interest Group (SIG) monthly webinar

Tuesday 24 September 2024, 13:00 – 14:00 via Teams

Agenda

No.	Item	Time	Speaker
1.	Welcome		Chair
2.	<ul style="list-style-type: none"> - Rationale behind the STAMINA study -who it was aimed at and why (Men with prostate cancer on, or starting hormone deprivation therapy) and the process. - Showing of an exercise video that demonstrates the benefits of exercise pre/post treatment. - Patients Dave and Bob talk about their experience of being in the study looking at exercise. 	13:00 – 13:15	Beatrice Hamilton (Lead Uro-oncology Nurse Practitioner at Plymouth NHS Trust) with patients Bob Musk, Dave Greenhalgh, Simon Francis & Alexandra Cadman
2a.	Questions and answers for the above session.	13:15 – 13:20	
3.	<ul style="list-style-type: none"> - The role of the Clinical Exercise Physiologist in Cancer Prehabilitation. - The benefits Clinical Exercise Physiologist's can bring to a Prehab service. - Challenges from real world implementation of Prehabilitation. - Principles of Exercise Prescription during Prehabilitation. 	13:20 – 13:35	Jack Jones – Senior Clinical Exercise Physiologist in Cancer Prehab – Barts Health Trust
3a.	Questions and answers for the above session.	13:35 – 13:40	
4.	<ul style="list-style-type: none"> - The landscape around Clinical Exercise Physiologists and the pathway to registration as a healthcare professional. - Research Anthony has completed as part of his PhD focusing on best practice within Cancer prehabilitation and rehabilitation services. 	13:40 – 13:55	Anthony Crozier – Clinical Exercise Physiologist – Liverpool John Moores University.
4a.	Questions and answers for the above session	13:55 – 14:00	