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Welcome to the September 2022 edition of the CPOC newsletter,

We always welcome your thoughts on what you would like to see in our Newsletter. Contact us at cpoc@rcoa.ac.uk.



Guideline for the Management of Anaemia in the Perioperative Pathway

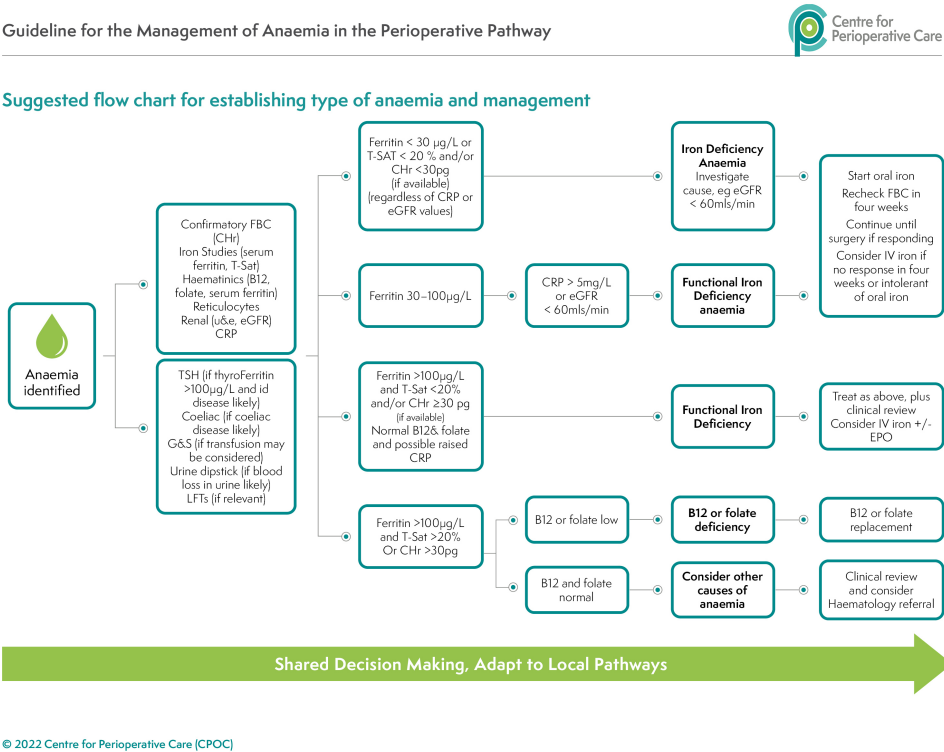
CPOC has now published the 'Guideline for the Management of Anaemia in the Perioperative pathway.' Anaemia is associated with adverse perioperative outcomes and is present in a third of patients having major surgery.

The impetus for this guideline is to bring together all the existing evidence in the first guideline of its kind for anaemia covering the full perioperative pathway with recommendations at each stage of the patient journey. The aim of this guideline is to ensure that the patient is at the centre of the whole process, and that everyone involved in their care carries out their individual responsibilities to minimise the risk from anaemia.

The guideline is written for healthcare professionals involved in delivering care throughout the pathway, as well as for patients and their carers, managers and commissioners. Implementation of the guideline will require collaboration across the four nations of the United Kingdom between all stakeholders, underpinned by an implementation strategy. We believe this guideline is an important step in improving outcomes for our anaemic patients and healthcare services.

Read the guideline

Anaemia Pathway



We want to hear your thoughts on the guideline

Take our short 5 minute survey to provide feedback on the new guideline and help shape future CPOC guidelines.

Feedback survey





Centre for
Perioperative Care


The aim of this guideline is to ensure that the patient is truly at the centre of their care and that everyone involved in their care carries out their individual responsibilities to minimise the risk from anaemia. To make the best of this approach we need to make sure patients and all healthcare professionals in the multidisciplinary team work together.


Guideline for the Management of Anaemia in the Perioperative Pathway


- 1** All hospitals should work to develop pathways of perioperative care for surgical patients with anaemia that comply with the recommendations in these guidelines



- 2** All hospitals should establish data capture systems to allow auditing against the metrics and recommendations provided



- 3** All patients referred for surgery who fulfil the NICE preoperative testing criteria should have a full blood count (FBC) at referral to surgery or at first surgical consultation




- 4** All children and young people should be screened for anaemia before procedures associated with a 10% risk of transfusion as early as possible in the pathway


- 5** All patients undergoing surgery with a clinical finding of anaemia should have documentation of the type and likely cause of anaemia


- 6** All patients with anaemia having a major operation (with expected blood loss of >500ml or 10% blood volume) should have a documented plan for preoperative, intraoperative and postoperative management of anaemia, in line with Patient Blood Management (PBM)


- 7** All patients undergoing surgery with anaemia or at risk of anaemia should be proactively provided with information (paper and/or digital) regarding causes and treatment of anaemia including options for blood transfusion


- 8** All staff working in perioperative settings should have training in anaemia, PBM and blood transfusion. This includes those working with patients receiving emergency surgical care

RCOA
Royal College of Anaesthetists

Royal College
of Surgeons
of England

Royal College
of Physicians

Royal College
of Nursing

FAFPF
The Association for Anaesthetists' Practice

RCGP
Royal College of
General Practitioners


RCPCH
Royal College of
Paediatrics and Child Health
Leading through our children's health

Association
of Anaesthetists

FACULTY OF
PUBLIC HEALTH

CODP
College of Operating Department Practitioners


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Centre for Perioperative Care

Education lead for a Multi-Professional Curriculum/Credential Project

Duration of Role: 12-18 months
Closing Date: 23.59 10 October 2022
Interview Date: 31 October 2022



More Information



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[More Information](#)



Anaesthesia Research 2022

22–23 November 2022 | Malmaison York

Join the RCoA in November for Anaesthesia Research 2022, the annual showcase for current anaesthesia and perioperative research! Topics will include Prof Helen Galley reflecting on 25 years of her research career with Melatonin and Me, epidemiologist Prof John Wright discussing How Research Can Change a City, Dr Sunjie Ye on Gold Nanoparticles in Modern Medicine and Dame Julia Slingo will be asking Do Anaesthetic Gases Really Contribute to Climate Change?

There will be scientific abstract and clinical trial presentations and a lot more besides, plus plenty of opportunities to network with colleagues and peers. The RCoA are also calling for submissions to the Awards and Prizes section of the programme.

More information on the [conference programme](#) and how to [submit your work](#).

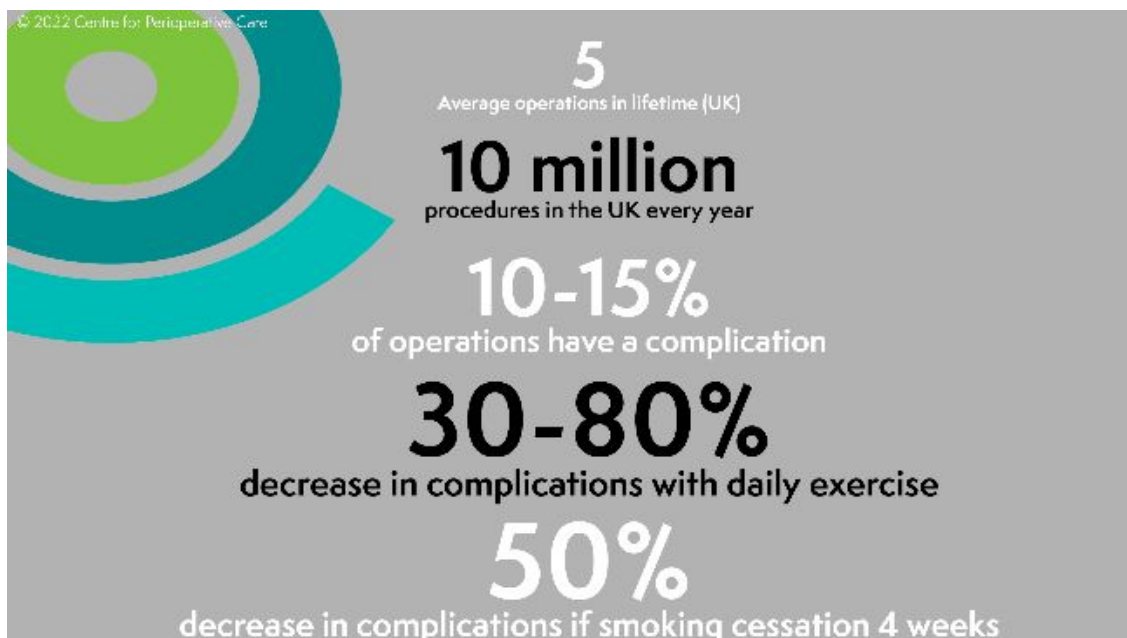
Register



[Getting It Right First Time \(GIRFT\)](#) data which can help NHS teams increase their day surgery rates has now been published on the Model Health System.

Metrics for anaesthesia and perioperative medicine (APOM) have been added to the MHS platform as GIRFT builds on its work to support elective recovery by reducing waiting lists.

Users can register at <https://model.nhs.uk/> and navigate to the GIRFT clinical metrics compartment for anaesthesia and perioperative medicine, or [click here](#) to go directly to the GIRFT APOM metrics if you already have an account.



[Fitter Better Sooner](#) is the RCoA patient information toolkit to help patients prepare for surgery and empower them to make the changes needed to get fitter before an operation. The RCoA have updated the toolkit with the latest clinical practice around perioperative care. The patient information resources are [PIF TICK](#) accredited and they [offer translations](#) in the 20+ most spoken languages in the UK, including Welsh.

Fitter, Better, Sooner

#EverythingAffectsHealth

We're proud to be part of an alliance of over 200 organisations calling for a cross-government strategy to reduce health inequalities.



Inequalities in Health Alliance
Working together for healthier lives in a fairer society



Personalised Care Institute

Shared Decision Making Toolkit





"I'm really pleased with the push it gave me on my recovery journey"

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WELL-BEING INFORMED Together CARE CHOICE BETTER OUTCOMES

EMPOWERED INDIVIDUALISED INVOLVED RELATIONSHIPS Trust



Rocco Sepe

44.6% patients want more involvement in their healthcare decisions.





More information



**Patient
Information
Forum**

New one-page guide to BMI to tackle misinformation

The [Patient Information Forum \(PIF\)](#) has published a new one-page guide to Body Mass Index (BMI).

The [poster](#) was developed following user engagement sessions with patients and healthcare professionals which highlighted the amount of misinformation surrounding BMI.

CPOC is a partnership between:



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