

# Centre for Perioperative Care

Lay Representative

## Join the CPOC Board and help us transform surgical patient care

#### What is CPOC?

The Centre for Perioperative Care (CPOC) is a cross-specialty initiative made up of <u>ten Royal Colleges/health organisations</u> and a <u>multispecialty stakeholder group</u> dedicated to the promotion, advancement and development of perioperative care. CPOC is hosted by the <u>Royal College of Anaesthetists</u>.

CPOC is now recruiting for a lay representative to join the CPOC Board.

Perioperative care means the whole patient journey starting at the GP surgery when you are thinking about treatment options, to the time you return home after your surgery.

CPOC is a partnership between:





















### **Our Vision**

CPOC's vision is to improve the health of people of all ages, at all stages of their surgical journey, by promoting the highest standards of perioperative care.

Improving perioperative care will make a difference to a lot of things important to patients. These include: supporting patients to get fitter before surgery, better pain management (getting mobile quicker), recovery times (getting you out of hospital faster), reducing any anxiety felt and putting the patient at the centre of all decisions about treatment.

To learn more information more about CPOC and what type of projects the centre leads, please view our guidelines page and current workstreams page.

## The role

We are seeking an enthusiastic and committed individual from a Board organisations Lay Committee to represent the lay voice on the CPOC Board. CPOC is looking for an individual to be a 'critical friend' on the Board and sense check the clinical voice of the Board. You will have the opportunity to work alongside other patient representatives, doctors, nurses, other healthcare professionals and CPOC staff who want to hear your perspective on a range of issues.

Your role will be to ensure the public voice alongside our patient representatives, is at the heart of everything CPOC does.

The lay representative will ideally be able to join the Board in April 2023 with participation in quarterly board meetings-two virtual and two in person at the RCoA in London- and ad hoc discrete projects as appropriate.

This is an unpaid, voluntary role although reasonable expenses will be paid. Much of our work is now done remotely but some travel may be required to meetings in London.

### **About you**

We welcome people from all backgrounds and areas of the UK.

With an interest in the NHS and delivery of high standards of healthcare, you may be interested in learning more and understanding a patients surgical journey and the role CPOC is playing to improve this pathway. This pathway begings from the moment a patient is referred for surgery to their recovery at home. You do not need any specific qualifications or experience but you are most importantly driven to want to make a difference to patient care and the efficiency and standard of surgical care in the UK.

As a member of the CPOC Board you will be required to attend quarterly board meetings and commit to contributing to CPOC projects where your expertise as a lay representative may be appropriate (for example, guideline work.) Previous experience of board or committee work would be very helpful but is not essential. Working with a wide range of clinical colleagues and organisations, you will have the confidence and skill to debate your points in a thoughtful way and flexibility to arrive at shared recommendations on a variety of issues.

Many CPOC meetings take place virtually to give our Board members flexibility around their working commitments, therefore an ability to use standards windows software including Microsoft Teams, word and email therefore is essential alongside personal access to the internet. This will ensure you are able to undertake the requirements of the role and get involved in everything CPOC has to offer.

## How to apply

If this role is of interest to you, we want to hear about you; please submit a short personal statement (maximum 450 words) explaining why appointment to the CPOC Board is of interest, an indication of the time commitment you would be able to give to the role and whether you are currently in full time or part time employment. Please submit this to <a href="mailto:cpoc@rcoa.ac.uk">cpoc@rcoa.ac.uk</a> by 31 January 2023. Interview Date TBC.

