

Blacktown and Mount Druitt Hospital Pre-Admissions Clinic

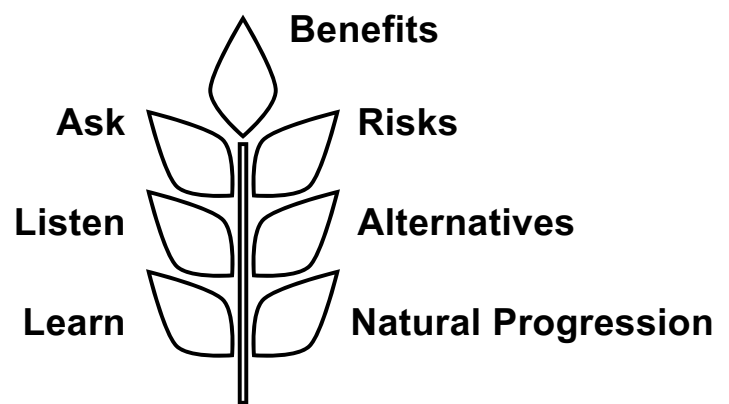
You are attending this clinic as you have been referred for surgery.

It may be hard to decide whether to have surgery. Sometimes there is more than one treatment to choose from. This clinic is a time to talk about your treatment, other options, and what is important to you. It may also be helpful to talk about your choices with family or friends.

What is Shared-Decision Making?

This is a process where you and your doctor will work together to decide a right plan for you. We do this in clinic through an ALL BRAN conversation.

We will talk about how different treatments may affect you and your lifestyle.



An ALL BRAN conversation

Your doctor will
Ask about your preferences
Listen to your wishes
Learn what matters most



You may ask
What are the **Benefits**?
What are the **Risks**?
What are the **Alternatives**?
What about **Natural Progression**?

We know things may change. If you choose not to have surgery now, you may change your mind at a later stage. You can talk with your doctor about how to get support later if you change your mind.

Please ask any questions you have during your appointment. We are here to support you. Use the next page to help you prepare questions for your appointment.



My preferences and values

Write your questions in the thought bubbles and take this to your appointment.

For Patient

Benefits

Risks

Alternatives

Natural progression of condition

For Doctor

*What may I gain from this treatment?
What are the chances of successful treatment?*



*What are some side effects or complications?
How might this treatment affect my quality of life?
What are the chances the treatment won't work?*



*What other treatment options are there?
What are their benefits and risks?
Which treatment options should be used first?*



*What will happen if I do not have treatment?
Will my condition be more difficult to treat later?*



Goals of care discussed

☐ No

☐ Yes: _____